

TABISS TRAINING CALENDAR

July - December 2010

Topic	Date	Time	Presenter	Cost* (Inc. GST)
Makaton: Adult Key Signs	Tuesday 20 th July	9:30am – 1:00pm	Aileen Ryan, Makaton Australia	\$25.00
Responding to sexual assault in disability work	Tuesday 24 th August & Wednesday 25 th August	9:30am – 5:00pm both days	Rob Hardy, Family Planning NSW	\$80.00** for 2 days
Nutrition in Autism Spectrum Disorders	Tuesday 21 st September	10.00am - 12.00pm	Paula Tazzyman, Dietician	\$25.00
Triple P Parenting Seminar	Thursday 21 st October	10:30am – 12:30pm	Benjamin & Bianca, TABISS Interaction Disability Services	FREE
Mental Health First Aid in intellectual disability	Thursday 11 th November & Friday 12 th November	8:30am – 5:00pm both days	Gail Kilby, Wesley Mission	\$80.00** for 2 days
FamilyCare – Parent support group	Thursday 2 nd December	9.30am – 2.30pm	Terry Ryan , Parent and Author “What about me: A carer’s guide to caring for people with a disability”	\$40.00**

* All workshops are FREE for parents and non-paid carers of people with an Intellectual Disability living in the Cumberland/prospect region.

Morning tea is provided for ALL workshops.

** Lunch is provided for these workshops.



Interaction Disability Services Ltd. 'Empowering People'

Training and Behaviour Intervention Support Service

Workshop Outlines

Adult Key Signs Session – 20th July

Makaton Australia (NSW) will conduct a workshop on the use of Adult Key Signs and natural gesture for use with adults who have difficulties with receptive and/or expressive communication. The workshop is designed with appropriate signs for staff working with non-verbal people who have an intellectual disability. Completion of this training will be rewarded with an official certificate from Makaton Australia.

Target group: Anyone wanting to learn skills in non-verbal communication. This includes parents of people with delayed speech, paid-carers working with non-verbal adults, or those working with staff / carers only.

Responding to sexual assault in disability work – 24th & 25th August

Staff attending this workshop will be able to critically examine their roles and responsibilities in supporting people with disability in regards to positive sexuality and relationships. Develop strategies to respond to needs in the area of relationships and sexuality. Gain an understanding of sexual assault focussing on the area of disability work. Learn how to appropriately respond to sexual assault and how to apply the law, policy and standards to their work in this area.

Note: Participants are required to attend Day 1 as a pre-requisite for Day 2. Participants that attended the TABISS workshop “Sexuality and ID” on 2nd December 2009 already meet the pre-requisite for Day 2 and will not have to attend Day 1. Certificates of attendance will be provided that lists the workshop learning outcomes from the program.

Target group: Paid-carers working in the disability sector and keen to learn more about appropriately responding to sexual abuse.

Nutrition in Autism Spectrum Disorders – 21st September

This workshop will be facilitated by experienced dietician, Ms Paula Tazzyman. Paula has had extensive experienced working with children with Developmental Disorders and also speaking at various forums. In this workshop, participants will learn about the importance of nutrition in Autistic Spectrum Disorder (ASD). It will discuss key nutrients for brain development, concentration and learning, why nutrients are important, food sources, signs of nutrient deficiencies, foods to consider excluding in a healthy nutrition plan for someone with ASD, the importance of probiotics to wellbeing, and feeding “selective eaters”.

Target group: Anyone wanting to learn more about nutrition in ASD. This includes, parents or paid industry workers.



Triple P Parenting Seminar – 21st October

This is a great way to cover key areas we know many parents want information on about everyday parenting concerns. **In around 2 hours** this seminar will leave you feeling more confident and competent and ready to deal with common behavioural and emotional issues. Children with developmental disabilities have 2 - 3 times the rates of behaviour problems as other children. Triple P is a parenting program for all families that provides practical answers to everyday concerns. If you are a parent wanting to find out more about:

- Understanding why children tend to behave in certain ways, and what they best respond to.
- Dealing decisively and effectively with behaviours such as aggression, non-cooperation and disobedience.
- Recognising and managing situations that might be less obvious such as sadness, anxiety, difficulty with separation and problems mixing with other children.

Come along!

Target group: Highly recommended for parents of a child with a disability.

Mental Health First Aid in intellectual disability – 11th & 12th November

Mental Health First Aid is the help provided to a person developing a mental health problem or in a mental health crisis. The first aid is given until appropriate professional treatment is received or until the crisis resolves. In order to help people provide initial support for someone with a mental health problem, a 12 hour Mental Health First Aid (MHFA) training course was developed in 2000 by Betty Kitchener and Professor Tony Jorm. The aim is to improve mental health literacy of members in the Australian community. Mental health is a critical part of a person's general health and functioning. If compromised, mental health problems can have a profound negative consequence on daily functioning and well-being. There is increasing evidence that people with Intellectual disability are at increased risk of developing mental health problems. Mental illness is therefore an important problem to identify. This workshop aims to provide information pertinent to identifying steps in managing episodes of mental illness and the important elements in promoting healthy practices for people with mental illness and intellectual disability.

Target group: Staff working in contact with a person who has mental illness and an intellectual disability. Any interested person can attend. However, please note that this is an accredited educational course and competency will be assessed before certificates are provided to attendees.



FamilyCare – Parent Support Group – 2nd December

Terry Ryan is the parent of an adult with Intellectual disability. Terry is the author of a parent survival guide to raising a child with intellectual disability. Terry provides an insightful group workshop for parents on managing the challenge of caring for a person with a disability. The workshop provides participants with an in-depth look at understanding the unique journey of family's in meeting the demands of lifelong care. Terry provides a practical approach for parents to better manage demands, and he encourages parents to objectively assess their circumstances and develop short and long-term strategies during this workshop. ***Some of the areas included are finding support arrangements that work, understanding the "big picture" and your role lifelong care, and facing up to the challenges experienced by your family.***

Target group: This is highly recommended for parents providing for the life-long care of a person with intellectual disability.

All workshops will be held at the Interaction Disability Services office, 2/11 Hudson Ave Castle Hill.

Enquiries and Registration forms should be forwarded to TABISS:

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